

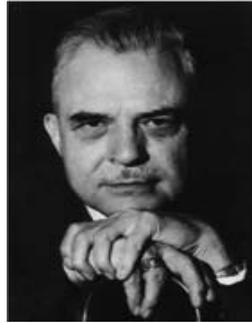
CELEBRATING 25 YEARS
OF THE MILTON H. ERICKSON FOUNDATION
A WORLD OF UNLIMITED POSSIBILITIES

EXPERIENCE

Some of the World's Best Therapists

OPPORTUNITY

To Develop One's Person & Practice



LEARN

State of the Art Therapy & Hypnosis

NETWORK

With Colleagues from All Over the World

**THE NINTH INTERNATIONAL CONGRESS
ON ERICKSONIAN APPROACHES TO HYPNOSIS AND PSYCHOTHERAPY**

DECEMBER 2 - 5, 2004 (Thursday-Sunday)

HYATT REGENCY PHOENIX, ARIZONA

Faculty includes:

Abia, Andreas, Baker, the Barrettas, Battino, Bauer, Beaulieu, Beahrs, Bell-Gadsby, Burns, deShazer, Dilts, Dolan, Edgette, BA Erickson, Feldman, Fisch, Flemons, Garcia, Geary, Gilligan, Grodner, Greenleaf, Hammerschlag, Hartman, Havens, Hollander, Hoyt, Johnson, Kershaw, Klajs, Kratochvil, Landis, S Lankton, Loredio, Madanes, McLaughlin, McNeilly, Megglé, Miller, Mills, Munion, Nardone, Oster, Parsons-Fein, Phillips, Ray, Ritterman, Robles, Rosen, Rossi, Ruelas, Schwarz, Schefflin, Sherr, Short, Schmidt, the Simpkins, Tamalonis, Trenkle, Wilson, Yapko, Zeig

Also featuring Solicited Short Courses by members of our **114** National & International Erickson Institutes and other Ericksonian professionals

Keynotes by . . . Stephen Gilligan, Cloé Madanes, Ernest Rossi, Jeffrey Zeig

Available in the Congress program . . .

A 13-hour course in Fundamental Ericksonian Hypnotherapy
with Erickson, Gilligan, S. Lankton, Rossi, Yapko

FREE with full-Congress registration

Pre-Congress Workshops - Wednesday, December 1, 2004

PROFESSIONAL RESOURCES DAY

Learn valuable tips to improve yourself and your practice from our experts

Guest session by Anthony Robbins

The 9th International Congress is sponsored by
THE MILTON H. ERICKSON FOUNDATION, INC.
3606 North 24th Street, Phoenix, Arizona 85016-6500

For more information:

Voice 1-602-956-6196 Fax 1-602-956-0519

office@erickson-foundation.org

www.erickson-foundation.org/intlcong.htm

PROFESSIONAL RESOURCES DAY

This Day is For You!

Squaw Peak, Phoenix, Arizona

For the first time ever, the Milton H. Erickson Foundation is pleased to offer a **Professional Resources Day**. It is **FREE** to those who register for the four-day International Congress. This unique day was designed to provide the practitioner with multiple opportunities for growth and personal rejuvenation that cannot be found in a typical conference format.

The seminars have been created as a source of practical information. If you have ever wondered how to do better on the business side of private practice or how to market your practice and bring in referrals, then this is a program you will not want to miss.

We also believe that the mind and body of the clinical professional is deserving of special attention. So, if you are seeking opportunities for personal growth and regeneration, then you can attend programs that focus on getting in touch with your body and spiritual renewal.

A strong professional movement begins with the education and equipping of those who believe in the cause. This is why we hope to see a large number of Ericksonians, both experienced and novice, attend seminars that focus on preparation for leadership, starting an Ericksonian Institute, getting published, and how to conduct a successful workshop.

Finally, many of you may have clients who are supplementing therapy with coaching; or you might have heard other colleagues reference techniques associated with coaching. On **Professional Resources Day** there will be opportunity to learn more about the essence of coaching. This is a topic that has been both eagerly embraced and hotly debated. Now you can see for yourself what it is all about and arrive at your own opinion.

This will be an extraordinary day that covers a wide variety of important topics often overlooked in conferences. We hope that a large number of participants will take advantage of this special offering. It is **FREE** (\$150 value) for those who register for the four-day Congress.

During the **Professional Resources Day** you can expect to receive a jump-start for the next several days of concentrated learning. You can see old friends and make new acquaintances while engaging in personally meaningful activities. Most importantly, you will catch a glimpse of the vision we have for you as a vital contributor to a global movement that continues to carry on the legacy of Milton H. Erickson, M.D.

MEET THE FACULTY

JORGE ABIA, MD, is Founder and Co-Director of the Milton H. Erickson Institute of Mexico City. He is a psychiatrist and Ericksonian hypnotherapist teaching, supervising and researching with the Erickson Institute and the Mexican Society of Hypnosis. Dr. Abia specializes in research with psychosomatic medicine and narcissistic profiles.

STEVE ANDREAS, MA, is the author of *Virginia Satir: The Patterns of Her Magic* and co-author of *Heart of the Mind* and *Change Your Mind -- Keep the Change*. He is co-author of four classic NLP books by Bandler and Grinder. He has been learning, teaching and researching in Neuro-Linguistic Programming (NLP) for the last 26 years. He is co-founder with his wife, Connirae, of NLP Comprehensive.

MARILIA BAKER, MA, is a multi-cultural therapist in private practice in Scottsdale, Arizona. She is a therapy and training affiliate of the Phoenix Institute of Ericksonian Therapy. Ms. Baker has taught in Mexico, Brazil, Spain and the U.S. She is founding Director and board member of two Erickson Institutes in Brazil. Her book, *Tribute to Elizabeth Moore Erickson: Colleague Extraordinaire, Wife, Mother, Companion*, has been published in three languages.

SOPHIA BAUER, MD, is a psychiatrist practicing and teaching in Minas Gerais, Brazil. She is a Fellow of the Brazilian Psychiatric Society and President of the Brazilian Society of Hypnosis. Dr. Bauer is one of the founders of the Milton H. Erickson Institute of Belo Horizonte and Director of the Milton H. Erickson Institute of Florianopolis. She teaches Ericksonian approaches in Brazil and has authored three books on Ericksonian and psychiatric themes.

NORMA BARRETTA, PhD, is in private practice in the Los Angeles-Palos Verdes area. Dr. Barretta is an Approved Consultant and Fellow of ASCH, member of the Southern California Society of Clinical Hypnosis, Charter Member of the National Register and Diplomate of several professional organizations. Dr. Barretta, with her husband, Philip, recently received the American Society of Clinical Hypnosis Presidential Award for distinguished contribution and dedication to Clinical Hypnosis Education.

PHILIP BARRETTA, MA, MFT, is an Approved Consultant of ASCH. He was honored by ASCH in 1989, receiving the status of "Special Member," is an Honorary Member of the Southern California Society of Clinical Hypnosis, Life Member or Diplomate of several professional organizations. He teaches Ericksonian hypnosis and neurolinguistics with his wife in North America and abroad.

RUBIN BATTINO, MS, is a therapist in private practice specializing in very brief therapy. He is adjunct professor of counseling at Wright State University in Dayton, Ohio. Mr. Battino is President of the Milton H. Erickson Society of Dayton and co-facilitator of a cancer support group. His books include *Ericksonian Approaches: A Comprehensive Manual, Guided Imagery and Coping*.

DANIE BEAULIEU, PhD, is a psychologist, international trainer and author based in Quebec City, Canada. She is the co-developer of Impact Therapy and of Eye Movement Integration Therapy, and has authored 13 books on these topics. Dr. Beaulieu also is the founder and president of Academie Impact, a training institute, publishing house and producer of therapeutic aids.

JOHN BEAHR, MD, is professor of psychiatry, Oregon Health Sciences University and staff psychiatrist, Veterans Administration Medical Center, Portland, Oregon. He is Fellow, the American Psychiatric Association and the Society for Clinical and Experimental Hypnosis. Dr. Behr has received a Certificate of Appreciation for Outstanding Support of Veterans Programs and is three time recipient of a Milton H. Erickson Award. He is author of three books and numerous articles.

CHERYL BELL-GADSBY, MA, MFCC, RCC, is a therapist in private practice, clinical supervisor and educator. She is Program Coordinator at the Justice Institute of British Columbia, Vancouver, Canada. Ms. Bell-Gadsby specializes in issues of trauma, family violence, child and adolescent development and hypnotherapy with children, adolescents and adults. She is co-author of *Reclaiming Herstory: Ericksonian Solution-Focused Therapy for Sexual Abuse*.

GEORGE BURNS, MA, PsS, is a clinical psychologist, author, trainer and Director of the Milton H. Erickson Institute of Western Australia. His books include *Nature-Guided therapy, 101 Healing Stories, 101 Stories for Kids and Teens* and *Standing Without Shoes* (with Dr. Helen Street and a foreword by the Dalai Lama). His teaching and writing are characterized by a gentle sense of wit, wisdom and warmth.

STEVE de SHAZER, MSSW, is co-founder and senior research associate at the Brief Family Therapy Center in Milwaukee, Wisconsin and is co-developer of solution-focused brief therapy. He is the author of five books including *Words Were Originally Magic*, and many professional articles. Mr. de Shazer presents and trains widely in Europe, Asia and North America. He and his colleagues continue to create the theories, research and practices of constructing solutions.

ROBERT DILTS, is a co-founder of NLP University in Santa Cruz, Calif. he teaches NLP internationally and is the author of more than 17 books on the applications of NLP to personal and social change. Robert Dilts has been a leading developer of Neuro-Linguistic Programming since its beginnings in the late 70s and has spearheaded applications of NLP in the areas of belief systems, health and the logical levels of learning and change.

YVONNE DOLAN, MA, is a psychotherapist in private practice in Hammond, Indiana and is affiliated with the Milwaukee Brief Family Therapy Center. Yvonne conducts training seminars in Solution-Focused and Ericksonian Therapies internationally. She has authored or co-authored five books, including *Resolving Sexual Abuse, Tales of Solution*, and *Solution-Focused Brief Therapy: Its Effective Use in Agency Settings*.

MEET THE FACULTY, continued

JOHN EDGETTE, PsyD, is a clinical psychologist in private practice in Rosemont and Exton, Pennsylvania, and Co-Director of the Milton H. Erickson Institute of Philadelphia. His first book, *The Handbook of Hypnotic Phenomena in Psychotherapy* has been followed up with his most recent work, *Winning the Mind Game: Using Hypnosis in Sport Psychology*. Dr. Edgette's forthcoming book *Partners in "Crime": How Kink Can Recreate Closeness* is due out in 2005. His national and international workshop offerings consistently rank among the highest rated presentations.

BETTY ALICE ERICKSON, MS, LPC, LMFT, is a therapist in private practice in Dallas, Texas. She is past Executive Editor of the Milton H. Erickson Foundation *Newsletter*. Ms. Erickson presents nationally and internationally on Ericksonian hypnosis and brief therapy and has been awarded the first Franco Granone Award for excellence in teaching the techniques of Dr. Erickson. She established a pain-management center of an HIV-Aids counseling service and provides supervision for interns. Ms. Erickson is author of numerous articles and chapters on Ericksonian psychotherapy and hypnosis. She is currently writing a book with Bradford Keeney.

JEFFREY FELDMAN, PhD, is professor of Neuropsychology, Department of Neurology, Wake Forest University School of Medicine, Winston-Salem, North Carolina. He is Program Director, Occupational Rehabilitation Programs.

RICHARD FISCH, MD, is a psychiatrist and director and founder of the Brief Therapy Center at the Mental Research Institute, Palo Alto, Calif. He is consultant to the San Francisco Drug Treatment Program and was consultant to the San Mateo County Juvenile Probation Department. His latest book is *Brief Therapy with Intimidating Cases*. Dr. Fisch has received an award for Distinguished Achievement in New Directions in Family Therapy by the AAMFT

DOUGLAS FLEMONS, PhD, is Professor of Family Therapy at Nova Southeastern University, Fort Lauderdale, Florida and Director of the Brief Therapy Institute and NSU Student Counseling. He is the author of *Of One Mind* and co-editor of *Quickies: The Handbook of Brief Sex Therapy*. Dr. Flemons teaches workshops on hypnosis and therapy throughout North America and abroad.

TERESA GARCIA, MA, is a psychotherapist in private practice and Director of the Milton H. Erickson Institute of Madrid. She is founder of the Asociación Española de Hipnosis Ericksoniana (A.E.H.E.) and is the Spanish representative of Hypnosis and Psychotherapy to the European Association of Psychotherapy (E.A.P.) She presents internationally.

BRENT GEARY, PhD, is a licensed psychologist with a private practice in the Phoenix Metropolitan Area. He also is Coordinator of Training for the Milton H. Erickson Foundation. Dr. Geary teaches extensively both domestically and internationally in Ericksonian methods, brief therapy, and other topics. He edited, with Jeffrey Zeig, PhD, *The Letters of Milton H. Erickson* and *The Handbook of Ericksonian Psychotherapy*.

STEPHEN GILLIGAN, PhD, is a licensed psychologist practicing in Encinitas, Calif. He has studied extensively with Milton Erickson and Gregory Bateson. Dr. Gilligan is one of the premier teachers and practitioners of Ericksonian hypnotherapy. His work is especially known for its emphasis on reconnecting mind-body processes, emphasizing embodied rationality, and encouraging and supporting radical change.

ERIC GREENLEAF, PhD, is a psychotherapist in private practice in Albany, Calif. He is Director of the Milton H. Erickson Institute of the Bay Area. Dr. Greenleaf has done extensive field research in Balinese trance healing. He was the first recipient of the Milton H. Erickson Award of Scientific Excellence for Writing in Hypnosis. His book, *The Problem of Evil*, was published in 2000.

BRIAN GRODNER, PhD, is founding director of the Milton H. Erickson Institute of New Mexico and the Enneagram Institute of New Mexico. He is Clinical Assistant Professor, UNM School of Medicine, faculty for the Don Riso-Russ Hudson Enneagram training programs. Dr. Grodner is a national speaker and trainer in hypnosis, the Enneagram, energy psychology and heal and healing.

CARL HAMMERSCHLAG, MD, is an internationally recognized physician, healer, teacher and author. He is founder of the Turtle Island Project, a non-profit organization dedicated to a participatory vision of health through education, research and service. Dr. Hammerschlag is a faculty member at the University of Arizona medical school. He is the recipient of a national Caring Award and the CPAE Speakers Hall of Fame award.

WOLTEMADE HARTMAN, PhD, is a clinical psychologist in private practice in Pretoria, South Africa. He is the founding director of the Milton H. Erickson Institute of South Africa (MEISA) and a past executive committee member of the South African Society of Clinical Hypnosis and the Health Professions council of South Africa. Dr. Hartman conducts workshops and lectures nationally and internationally.

RONALD HAVENS, PhD, is professor of psychology at the University of Illinois, Springfield, IL. He also maintains a part-time private practice in psychotherapy. Dr. Havens is author of *The Wisdom of Milton H. Erickson* and co-author (with Catherine Walters, LCSW) of *Hypnotherapy Scripts: A Neo-Ericksonian Approach to Persuasive Healing* and *Hypnosis for Health, Harmony and Peak Performance*. His current book, *Hypnosis Scripts for Cosmic Consciousness: Experiencing the Benefits of Spiritual Enlightenment and Mystical States*, is scheduled for publication in 2005.

HARRIET HOLLANDER, PhD, is in private practice in Princeton, New Jersey. She is Assistant Clinical Professor at UMDNJ, Director of the Milton H. Erickson Institute of New Jersey, President of the New Jersey Clinical Hypnosis Society and Fellow of the American Society of Clinical Hypnosis.

MEET THE FACULTY, continued

MICHAEL HOYT, PhD, is senior staff psychologist at the Kaiser Permanente Medical Center in San Rafael, Calif. He is author, editor and co-editor of numerous books on brief and constructive therapies and managed care. His most recent book is *The Present is a Gift*. Dr. Hoyt has been honored as Contributor of Note by the Milton H. Erickson Foundation distinguished presenter by the American Psychological Association and the International Association of Marriage and Family Counselors.

LYNN JOHNSON, PhD, is director of the Brief Therapy Center in Salt Lake City, Utah. He consults and offers training to organizations. He studied with Dr. Milton H. Erickson in 1977. Dr. Johnson is author of *Psychotherapy in the Age of Accountability*.

CAROL KERSHAW, EdD, is a psychologist in private practice at the Institute for Family Psychology, Houston, Texas. She is Co-Director of the Milton H. Erickson Institute of Houston. Dr. Kershaw teaches nationally and internationally. She is author of *The Couple's Hypnotic Dance*. She is currently completing a book on integrating hypnosis and neuro-feedback.

KRIS KLAJS, Lic. Psych., is certified as a psychotherapist by the Polish Psychiatric Association and is licensed by the Polish Psychological Association. He is founder and Director of the Polish Milton H. Erickson Institute and is in private practice at the Institute in Lodz, Poland.

STANISLAV KRATOCHVIL, PhD, is professor of clinical psychology at Palacky University in Olomouc, Czech Republic. He is chief clinical psychologist in the Psychiatric Hospital in Kromeriz, Czech Republic. Dr. Kratochvil worked as a researcher in the laboratories of Hilgard and Orne during which time he was able to observe the work and teaching of Milton H. Erickson. He is an Honorary Fellow of the American Society of Clinical Hypnosis.

RICHARD LANDIS, PhD, is a clinical psychologist, international trainer and author. He is the Executive Editor for the *Milton H. Erickson Foundation Newsletter* and Director of Training for the Southern California Society for Ericksonian Psychotherapy and Hypnosis. Dr. Landis is the Senior Program Reviewer and the Audit Chairman for Committee Education for the California Psychological Association Accrediting Agency and Continuing Education Committee Chairperson for the Association of Traumatic Stress Specialists.

STEPHEN LANKTON, MSW, DAHB, is a CISW in Phoenix, Arizona. He is the Executive director of the Phoenix Institute of Ericksonian Hypnosis and Psychotherapy. He is recipient of the *Lifetime Achievement Award for Outstanding Contribution to the Field of Psychotherapy*. He is past president of the American Hypnosis Board for Clinical Social Work. He studied with Dr. Erickson for five years and has authored or edited 16 books. Mr. Lankton is an Approved Supervisor in Family Therapy; AHBCSW Diplomate in Clinical Hypnosis, ASCH Approved Consultant in Clinical Hypnosis, AAMFT Approved Supervisor, Fellow in Pain Management and ABECSSW and NASW Diplomate in Clinical Social Work. He volunteers as a clinician for Doctors of the World.

CAMILLO LORIEDO, MD, is Professor of Psychiatry, University of Rome; President, the Italian Society of Hypnosis; Director of the Italian Institute of Ericksonian Hypnosis and Psychotherapy; member of the Milton H. Erickson Foundation Board of Directors; Director of the Instituto Italiano di Psicoterapia Relazionale. In 2001, he received the Milton H. Erickson Lifetime Achievement Award. Dr. Loriedo has authored 18 books and over 250 papers.

CLOÉ MADANES, is Executive Director of the Robbins-Madanés Center for Strategic Intervention in La Jolla, Calif. She is the author of five books that are classics in the field of therapy: *Strategic Family Therapy*; *Behind the One-Way Mirror*; *Sex, Love and Violence*; *The Secret Meaning of Money*; and *The Violence of Men*. She is Supervisor and Fellow of the American Association of Marriage and Family Therapy, and a renowned national and international speaker.

SHARON McLAUGHLIN, MA, LMFT, is a therapist and clinical director at Sutter Lakeside Community Services in Lakeport, Calif., and acts as a consultant for Marin Community Child Development Programs. She has been a contributor for the Milton H. Erickson Foundation *Newsletter* for seven years, and currently serves as managing editor.

ROBERT McNEILLY, MBBS, DOBstRCOG, is director of The Centre of Effective Therapy, Melbourne, Australia, a co-director of Ampersand Australia and a co-director of The Milton H. Erickson Institute of Victoria, Australia. He has co-authored *Healing with Words* with Jenny Brown and *Healing the Whole Person* published by Wiley.

DOMINIQUE MEGGLÉ, MD, is a psychiatrist in private practice on the French Riviera. He is past president of the French Speaking Hypnosis and Brief Therapy Confederation. Dr. Megglé is the Director of the Milton H. Erickson Institute of Méditerranée. He has authored five books which are best-sellers in Europe.

SCOTT MILLER, PhD, is co-founder of the institute for the Study of Therapeutic Change, a private group of clinicians and researchers dedicated to studying "what works" in treatment. He also works as a therapist providing all clinical services pro bono to traditionally under-served clients. Dr. Miller is the author and co-author of numerous articles and eight books.

JOYCE MILLS, PhD, is a licensed marriage and family therapist and registered play therapy supervisor. She is founder/director of The StoryPlay® Center in Scottsdale, Arizona and co-director of the Phoenix Institute of Ericksonian Therapy. Dr. Mills is an internationally recognized trainer and consultant and recipient of the 1997 Annual Play Therapy Award for an outstanding career contribution in Child Psychology and Play Therapy. She is the author of several books, articles and chapters. Her latest book is *Reconnecting to the Magic of Life*.

MEET THE FACULTY, continued

W. MICHAEL MUNION, MA, is a licensed psychotherapist specializing in the prevention and treatment of child and family abuse. He is Clinical Director of Superstition Mountain Mental Health Center, Apache Junction, Arizona. He is recipient of the Arizona Governor's Excellence Award for his participation in the development of best practice guidelines for the treatment of Co-Occurring Disorders. Mr. Munion was recently named to SAMHSA's National Policy Academy for the treatment of Co-Occurring Disorders. His books include *Milton H. Erickson* and *What Is Psychotherapy: Contemporary Perspectives*.

GIORGIO NARDONE, PhD, is director of the Centro di Terapia Strategica, the only official representative in Italy for the Mental Research Institute of Palo Alto, Calif., and of the Post-Graduate School of Brief Strategic Therapy in Arezzo, Italy. He is professor of Brief Psychotherapy at the Graduate School of Clinical Psychology, University of Siena and is specialist in Clinical Psychology at the School of Medicine, University of Siena. Dr. Nardone is the author of 14 books.

MARC OSTER, PsyD, is a psychologist in private practice in Highland Park, Illinois. He is Immediate President and Fellow of ASCH, Fellow of APA and Diplomate, American Board of Psychological Hypnosis. Dr. Oster is the recipient of President's Special Recognition Award of the American Society of Clinical Hypnosis and the Milton H. Erickson Award for Scientific Excellence in Writing on Clinical Hypnosis, American Journal of Clinical Hypnosis.

JANE PARSONS-FEIN, CSW, BCD, DAHB, is co-founder and President Emerita of the New York Milton H. Erickson Society of Psychotherapy and Hypnosis. She is a Diplomate of the American Hypnosis Board for Social Work and is President Emerita of that organization. Ms. Parsons-Fein is a Fellow of the American Board of Examiners in Clinical Social Work, a Fellow of and consultant to ASCH. She is a member of SCEH, the International Society of Hypnosis and the Swedish Society of Clinical and Experimental Hypnosis. Ms. Parsons-Fein is a member of AVANTA and IHLRN and teaches in the U.S. and Europe.

MAGGIE PHILLIPS, PhD, is a licensed psychologist in practice in Oakland, Calif. She is Director of the California Institute of Clinical Hypnosis and presents workshops nationally and internationally. Dr. Phillips is a Fellow of the International Society for the Study of Dissociation and a Fellow of the American Society of Clinical Hypnosis. Her latest book is *Body Focused Therapy Can Help Restore Mind-Body Health*.

WENDEL RAY, MSW, is Professor of Family Therapy at the University of Louisiana, Monroe and Director of the Mental Research Institute (MRI). He is author or co-author of numerous articles and six books. He speaks nationally and internationally on brief therapy with adolescent substance abuse, family violence and Bateson's and Jackson's contributions to Interactional Theory.

MICHELE RITTERMAN, PhD, studied with Dr. Milton H. Erickson for seven years. She is author of the first systematic integration of hypnosis and family therapy, *Using Hypnosis in Family Therapy* and *Hope Under Siege*, about state terror and surviving trauma. Her many published papers are on couples, time, trance-in-interaction and states of mind. Her books and papers have been translated into three languages. She is on the Editorial Board of *Systemas Familiares*, Buenos Aires, Argentina. Dr. Ritterman is adjunct professor at Aliant University in Alameda, Calif. She gives workshops nationally and internationally.

TERESA ROBLES, PhD, is founding director of the first Milton H. Erickson Institute in Mexico. In 1999, she founded the Centro Ericksoniano de Mexico which she currently directs. The Centro Ericksoniano de Mexico has been approved by the Mexican authorities for the first Master's Degree in Ericksonian Psychotherapy in the world. Dr. Robles teaches internationally and has written more than 10 books on Ericksonian psychotherapy and hypnosis. She is a member of the Board of Directors of the International Society of Hypnosis.

SIDNEY ROSEN, MD, is a certified psychiatrist and psychoanalyst. He is Assistant Professor, Psychiatry, New York University Medical Center. Dr. Rosen is founding President of the New York Society for Psychotherapy and Hypnosis. He is author of *My Voice Will go with You: The Teaching Tales of Milton H. Erickson*.

ERNEST ROSSI, PhD, is a Diplomate in Clinical Psychology and the recipient of the Lifetime Achievement Award for Outstanding Contributions to the Field of Psychotherapy by the Milton H. Erickson Foundation and the Lifetime Achievement Award from the American Association of Psychotherapy. He is adjunct professor of biology at Baylor University, science editor of *Psychological Perspectives* and author, co-author and editor of 20 books in the areas of psychotherapy, dreams, psychobiology and hypnotherapy. His latest book is *The Psychobiology of Gene Expression*.

GARY RUELAS, PhD, DO, is a physician and clinical psychologist in private practice in Orange County, Calif. He received training in clinical hypnosis from Dr. Erickson. He has presented at numerous national and international conferences, including previous Ericksonian congresses. Dr. Ruelas specializes in the treatment of neuropsychological, neuroimmunologic and neurovascular dysfunctions.

GUNTHER SCHMIDT, MD, is a psychiatrist and directing MD of the Clinics for Hypno-Systemic Psychosomatic Medicine in Siedelsbrunn and the SysTelos-Clinic in Bad Hersfeld, Germany; Director of the Milton-Erickson-Institute Heidelberg; Co-founder of the International Society for Systemic Therapy (IGST); Co-founder and teaching director of the Helm-Stierlin-Institute, Heidelberg; Director and trainer of the Milton-Erickson-Society of Germany for Clinical Hypnosis (MEG) for more than 20 years; co-founder of the German Association for Coaching in Business. He participates internationally in competence-focussing business coaching, organizational and team-development.

MEET THE FACULTY, continued

ROBERT SCHWARZ, PsyD, is a psychologist in private practice in Haverford, Pennsylvania. He has organized eight national conferences on treating trauma, four regional conferences on Ericksonian hypnosis and two international conferences on brief therapy. Dr. Schwarz is the author of numerous articles and chapters and a book entitled *Tools for Transforming Trauma*.

ALAN SCHEFLIN, JD, is Professor of Law at Santa Clara University School of Law. He is the current Chair of the Law and Mental Disability Section of the Association of American Law Schools. Professor Schefflin is the recipient of twelve awards from professional associations, including the American Psychiatric Association, the American Psychological Association, the Society for Clinical and Experimental Hypnosis, the American Society of Clinical Hypnosis, the International Society for the Study of Dissociation, and the American Family Foundation. He has authored six books and has written 70 articles.

RITA SHERR, CSW, BCD, is in private practice in New York City. She is the Founding Director of Education for NYSEPH, Director of the Training Institute and a Senior Faculty member. Ms. Sherr trained with Dr. Erickson. She conducts workshops nationally and internationally.

DAN SHORT, PhD, is a licensed psychologist with a private practice in Scottsdale, Arizona. He is a member of the Graduate Faculty at Ottawa University and is a professional consultant for mental health clinicians and supervisor for graduate internships. Dr. Short volunteers for Doctor's of the World Human Rights Clinic. He is past Associate Director of the Milton H. Erickson Foundation and past editor of the Erickson Foundation Newsletter. Recent publications include book chapters, *Hypnosis and Children: An Analysis of Theory and Research*; *Mandatory Counseling: Helping Those Who Did Not Ask for Help* and numerous professional articles.

ANNELLEN SIMPKINS, PhD and ALEX SIMPKINS, PhD, are authors of 20 books on hypnosis, Eastern philosophy, and therapy which have won awards and been translated into numerous languages. They are Review Editors for the Erickson Foundation Newsletter and lead meditation and self-hypnosis seminars.

ALBINA TAMALONIS, PsyD, is a licensed clinical psychologist in private practice in New York City. She presents workshops nationally and internationally on the use of hypnotic procedures in the treatment of mental disorders, addictions and AIDS. Dr. Tamalonis is a member of the Board of Directors of the New York Society of Clinical Hypnosis and is a member of the training faculty of the Long Island Institute of Ericksonian Hypnosis.

BERNHARD TRENKLE, Dipl. Psych., is Director of the Milton H. Erickson Institute, Rottweil, Germany. He is a member of the Board of Directors of the Milton H. Erickson Foundation and recipient of the Foundation's 1999 Lifetime Achievement Award. Mr. Trenkle organized the European Evolution of Psychotherapy Conference, July 1994, in Hamburg, Germany, is the past president of the Milton Erickson society of Clinical Hypnosis, Germany and Founding Editor of MEGaPhon, the Newsletter of the German Milton Erickson Society.

R. REID WILSON, PhD, is Associate Clinical Professor of Psychiatry at University of North Carolina School of Medicine. He designed American Airlines' first national program for the fearful flyer. Dr. Wilson has served on the Board of Directors of the Anxiety Disorders Association of America for 12 years. He is author of *Don't Panic* and co-author of *Stop Obsessing!*

MICHAEL D. YAPKO, PhD, is a clinical psychologist in Fallbrook, California. He is internationally recognized for his work in clinical hypnosis and outcome-focused psychotherapy, particularly in treating depression. He is the author of *Treating Depression with Hypnosis*, *Breaking the Patterns of Depression*, and *Essentials of Hypnosis and Trancework*. Dr. Yapko is a Fellow of the Royal Society of Medicine's Division of Hypnosis and Psychosomatic Medicine (in England), and a Fellow of the American Society of Clinical Hypnosis.

JEFFREY K. ZEIG, PhD, is Founder and Director of the Milton H. Erickson Foundation, Inc. He has edited, co-edited, authored, or his work is subject of 18 professional books and five monographs. Dr. Zeig is the architect of the Brief Therapy and Evolution of Psychotherapy Conferences. He is the organizer of the eight International Congresses on Ericksonian Approaches to Hypnosis and Psychotherapy. Dr. Zeig conducts workshops internationally, primarily teaching Ericksonian approaches.

JOIN US



THIS DECEMBER,
IN PHOENIX

THE MILTON H. ERICKSON FOUNDATION

A WORLD OF UNLIMITED POSSIBILITIES

CELEBRATING 25 YEARS



ARGENTINA
AUSTRALIA
BELGIUM
BRAZIL
BULGARIA
CANADA
CHILE
CZECH
REPUBLIC
ENGLAND
FRANCE
GERMANY
ITALY
LITHUANIA
MEXICO
NETHERLANDS

NEW
ZEALAND
PERU
PHILIPPINES
POLAND
PORTUGAL
RUSSIA
SOUTH AFRICA
SPAIN
SWEDEN
SWITZERLAND
TURKEY
UNITED STATES
OF
AMERICA
URUGUAY

Join us in **HONORING**
our **114 official**
Milton H. Erickson Institutes & Societies
representing **28 countries WORLDWIDE**
www.erickson-foundation.org/institut.htm

MILTON H. ERICKSON INSTITUTES & SOCIETIES MEETING
SATURDAY EVENING, DECEMBER 4, 7:00-8:00 pm
RECEPTION FOR FACULTY & INSTITUTES TO FOLLOW

The Ninth International Congress on Ericksonian Approaches to Hypnosis and Psychotherapy

LEARN . . . from leaders in the fields of Ericksonian hypnosis, psychotherapy and solution-focused therapy. This faculty will present their approaches and interact with participants on the subjects of their expertise.

Your Program for Success . . .

The program for the 9th International Congress is designed so participants can select from a wide variety of training experiences. The program consists of Keynotes, Invited Workshops, Topical Panels, Dialogues, Clinical Demonstrations, Conversation Hours, Group Inductions, and Solicited Short Courses

Ninth International Congress Program December 1-5, 2004 Phoenix, Arizona				
WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
8:15-9:15 AM Professional Resources Day Opening Event	8:00-9:15 AM Convocation Keynote Address 9:30-11:00 AM Short Courses	8:30 AM-12:00 N Interactive Events	8:30-11:30 AM 3-hour Workshops 3-hr. Fundamental Hypnosis Session	8:30-11:30 AM 3-hour Workshops 3-hr. Fundamental Hypnosis Session
2-hour Workshops 9:30-11:30 AM	11:15 AM-12:45 PM Short Courses			
Lunch 11:30 AM-1:00 PM	Lunch 12:45-2:15 PM	Lunch 12:00 N-1:30 PM	Lunch 11:30 AM-1:00 PM	Lunch 11:30 AM-1:00 PM
2-hour Workshops 1:00-3:00 PM	2:15-3:45 PM Short Courses	1:30-5:00 PM Interactive Events	1:00-2:00 PM Keynote Address	1:00-2:00 PM Keynote Address
2-hour Workshops 3:15-5:15 PM	4:00-6:00 PM 2-hour Workshops 2-hr. Fundamental Hypnosis Session	5:15-6:15 PM Keynote	2:15-5:15 PM 3-hour Workshops 3-hr. Fundamental Hypnosis Session	2:15-4:15 PM 2-hour Workshops 2-hr. Fundamental Hypnosis Session
Evening Event with Anthony Robbins 7:00-10:00 PM		6:30-7:30 PM Authors' Hour Reception	5:30-7:00PM Institutes Meeting	4:30-4:45 PM Concluding Event

Program Objectives

Attendees will increase their communication skills by learning:

1. Techniques of inducing and utilizing hypnosis from an Ericksonian perspective.
2. To use techniques of Ericksonian hypnotherapy naturalistically in their clinical practices.
3. Ericksonian principles of diagnosis thereby improving observational skills.
4. The uses of multilevel therapeutic communication.
5. Methods of utilizing hypnosis in specific situations encountered in the practice of medicine, dentistry, psychiatry, psychology, social work and counseling.

Eligibility

The Conference is open to professionals in health-related fields including physicians, doctoral-level psychologists and dentists who are qualified for membership in, or are members of, their respective professional organizations (i.e. AMA, APA, ADA), and to professionals with mental health-related graduate degrees (i.e. MSW, MA, MC, MS, MSN) from accredited institutions.

Applications also will be accepted from full-time graduate students in accredited programs in the above fields who supply a letter from their department certifying their full-time student or intern status as of December 2004.

THE NINTH INTERNATIONAL CONGRESS ON ERICKSONIAN APPROACHES TO HYPNOSIS AND PSYCHOTHERAPY

EARN . . . up to **34.5 Continuing Education Credit**

The Milton H. Erickson Foundation, Inc. is accredited by . . .

AMA - The Milton H. Erickson Foundation, Inc., is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. The Milton H. Erickson Foundation, Inc. designates this educational activity for a maximum of 34.5 Category 1 credits toward the AMA Physician's Recognition Award. Each physician should claim only those credits that s/he actually spent in the educational activity.

APA - The Milton H. Erickson Foundation, Inc. is approved by the American Psychological Association to offer continuing education for psychologists. The Milton H. Erickson Foundation, Inc. maintains responsibility for the program. Credit is provided on an hour-per-hour basis (34.5 hours maximum).

NBCC - The Milton H. Erickson Foundation, Inc. is recognized by the National Board for Certified Counselors to offer continuing education for national Certified Counselors (Provider No. 5056). We adhere to NBCC Continuing Education Guidelines. This program provides a maximum of 34.5 contact hours.

State of Florida Department of Professional Regulation - The Milton H. Erickson Foundation, Inc. is approved by the Board of Clinical Social Work, Marriage and Family Therapy and Mental Health Counseling as a provider of continuing education (Provider #BAP 390 - Exp. 03/05).

BRN - The Milton H. Erickson Foundation, Inc. is approved by the Board of Registered Nursing in California to offer continuing education for nurses (Provider No. CEP 9376). This program is eligible for a maximum of 34.5 hours.

BBS - The Milton H. Erickson Foundation, Inc. is a board-approved provider (PCE #398). This course meets the qualifications for 34.5 hours of continuing education credit for MFTs and/or LCSWs as required by the California Board of Behavioral Sciences.

State of Illinois Department of Professional Regulation-Registered Social Worker Continuing Education Sponsorship - The Milton H. Erickson Foundation, Inc. is approved by the State of Illinois Department of Professional Regulation to offer continuing education for social workers at the Brief Therapy Conference. (License No. 159-000501).

Licensed California Psychologists - CE credit only will be granted under the Milton H. Erickson Foundation APA Sponsor approval.

The Milton H. Erickson Foundation, Inc. is applying to other certification boards for continuing education approval. To inquire, contact the Foundation at 602-956-6196; e-mail us at office@erickson-foundation.org

Please note that it is your responsibility to contact your licensing/certification board directly to determine eligibility to meet your continuing education requirements.

VOLUNTEERS are NEEDED for the 9th INTERNATIONAL CONGRESS Attend the 25th Anniversary Congress FREE of CHARGE!

Graduate students and interns are needed to assist the faculty and staff at the Congress in exchange for registration fees.

Those interested in volunteering should send a letter requesting a Volunteer Application Packet to:
Karen Haviley; karen@erickson-foundation.org; Fax: 602-956-0519

Applications will be reviewed and decisions made on a first-come, first-served basis.

Volunteer applications will be accepted until October 26, 2004

A \$75 deposit is required and will be refunded after successful completion of volunteer duties.

Cancellation deadline is November 2, 2004*

***All requests for refunds MUST BE IN WRITING and are subject to a \$35 administrative fee.**

Important Information for All Volunteers:

There will be a MANDATORY Volunteers meeting ,
Tuesday evening, November 30, at the Hyatt Regency Phoenix

The Ninth International Congress on Ericksonian Approaches to Hypnosis and Psychotherapy

STAY . . . at the beautiful Hyatt Regency Phoenix

122 N. Second Street, Phoenix, AZ 85004
Tel: 602-252-1234 Fax: 602-254-9472
<http://phoenix.hyatt.com>

The Hyatt Regency Phoenix is located in the heart of downtown Phoenix across the street from the Phoenix Civic Plaza, Symphony Hall and the Herberger Theater. The Hyatt has a fully equipped fitness facility adjacent to a heated pool and spa.

The Hyatt Regency Phoenix Hotel meeting rooms are accessible to people with disabilities.



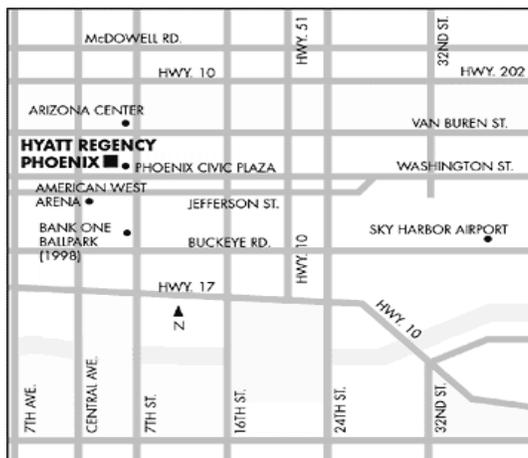
Special Room Rates for the Congress

\$107 single \$125 double

Hotel reservation information will be sent with your registration confirmation.

For online reservations: <http://phoenix.hyatt.com/groupbooking/meff>

Deadline for discounted room rates is **October 28, 2004**



Sky Harbor Airport is 8 miles from the Hyatt. A variety of transportation options are available.

TRAVEL

The Milton H. Erickson Foundation has selected Conventions in America (Stellar Access) as the official travel agency for this meeting. Discounted travel arrangements have been negotiated for attendees. Conventions in America negotiates with the airlines and car rental companies and uses the Internet to provide attendees with the lowest prices. Travel between Sat., Nov. 27 and Wed. Dec. 8 to receive the lowest discounts.

Call toll-free 866-929-4242 and request discounts for Event #582-2239
Outside the U.S and Canada, call 858-451-8150

Discount reservations and other valuable information are available online at www.conventions-in-america.com/MEF2239.html

CLIMATE

Phoenix weather in early December can be very pleasant. Temperatures range from the 70's in the daytime to the 50's in the evening. Plan to dress in layers and bring a jacket and umbrella or raincoat in the unlikely event of rain. Don't forget comfortable walking shoes. There are many interesting museums, historic sites, restaurants, theaters and sports arenas within easy walking distance or a short bus ride from the Hyatt.

If you have some extra time, it is the best season to explore more of the wonders of Arizona. For help in planning side trips, contact the Greater Phoenix Convention and Visitor's Bureau at One Arizona Center, 400 E. Van Buren, Suite 600, Phoenix, AZ 85004-2290



Professional Resources Day - FREE with full-Congress registration

WEDNESDAY, DECEMBER 1, 2004

7:00-9:00 AM

REGISTRATION

WEDNESDAY AM

8:00-9:15 AM

PROFESSIONAL RESOURCES DAY CONVOCATION

Influencing the Future: Erickson's Vision and Its Global Impact

Dan Short, PhD and Jeffrey Zeig, PhD

9:30-11:30 AM

PRD WORKSHOPS 1-7

PRD 1 - **Spiritual Awakening** - *Creating Healing Ceremonies* - Carl Hammerschlag, MD

PRD 2 - **New Directions** - *Inside and Outside* - Steve de Shazer, MSSW

PRD 3 - **Institute Building** - *Ericksonian Institute Development* - Teresa Robles, PhD and Marilia Baker, MA

PRD 4 - **Self-Exploration** - *Cultivating Humanity* - Steve Andreas, MA

PRD 5 - **Equipping Others** - *How to Conduct a Successful Workshop* - Jeffrey Zeig, PhD

PRD 6 - **Self-Care** - *Stopping Self-Sabotage* - Stephen Lankton, MSW and Kathleen Donaghy, PhD

PRD 7 - **Self-Empowerment** - *From the Technique to the Person* - Camillo Lorioedo, MD

11:30 AM-1:00 PM

LUNCH

1:00-3:00 PM

PRD WORKSHOPS 8-14

PRD 8 - **Spiritual Awakening** - *Spirituality, Wisdom and Chocolate* - Joyce Mills, PhD

PRD 9 - **New Directions** - *Creativity Training Through Improv* - Robert Schwarz, PsyD

PRD 10 - **Institute Building** - *How to Design and Implement an Institute Training Program* - Deborah Beckman, MS

PRD 11 - **Self-Exploration** - *Keeping the Passion Alive* - Robert McNeilly, MBBS

PRD 12 - **Equipping Others** - *How to Author and Publish Your Professional Book* - Jeffrey Zeig, PhD

PRD 13 - **Self-Care** - *The Use of Self in the Hypnotic Relationship: The Antidote to Burnout* - Jane Parsons-Fein, CSW

PRD 14 - **Self-Empowerment** - *The Transformational Leader: Changing Lives, Changing the Future* - Dan Short, PhD

3:15-5:15 PM

PRD WORKSHOPS 15-21

PRD 15 - **Spiritual Awakening** - *Ericksonian Response to Human Evil* - Michele Ritterman, PhD

PRD 16 - **New Directions** - *From Coach to Awakener* - Robert Dilts

PRD 17 - **Institute Building** - *Elements of Effective Supervision* - Michael Munion, MA

PRD 18 - **Self-Exploration** - *Flourishing Therapists - Flourishing Clients* - George Burns, MA

PRD 19 - **Equipping Others** - *Writing Grants and Professional Papers* - Sharon McLaughlin, MA

PRD 20 - **Self-Care** - *Using the Enneagram System of Personality Types to Enhance Therapist Growth and Self-Care* - Brian Grodner, PhD

PRD 21 - **Self-Empowerment** - *Energizing Your Clinical Practice* - Maggie Phillips, PhD

5:15-7:00 PM

DINNER BREAK

7:00-10:00 PM

EVENING SESSION

Motive and Meaning: The Shapers of Destiny

Understanding the Six Human Needs

Anthony Robbins

In this session you will learn Robbin's approach to identifying the unique triggers in each individual that can provide the driving force for creating rapid change, that block change for individuals, family, group or organization. You will learn the three patterns that shape all emotion and launch all human behavior. You will discover the six human needs that are the driving force in all interactions. Robbins will offer practical suggestions and live demonstrations of how these tools can be utilized to create immediate shifts in yourself and in your clients.

The 9th International Congress on Ericksonian Approaches to Hypnosis and Psychotherapy

THURSDAY, DECEMBER 2, 2004

7:00-9:00 AM

REGISTRATION

THURSDAY AM

8:00-8:15 AM

CONVOCATION

8:15-9:15 AM

KEYNOTE ADDRESS 1

SC 1- *Medicine Wheels and Totems: Borrowing Concepts from the Native American Lifestyle to Restore Internal Harmony* - **Jeanne Hernandez, PhD**

SC 2- *Overcoming Barriers to Empathic by Efficient Therapy for People with Critical and Terminal Illness* - **Kathleen Donaghy, PhD**

SC 3- *Utilization Sobriety: Incorporating the Essence of Body-Mind Communication for Brief Substance Abuse Treatment* - **Bart Walsh, MSW**

SC 4- *Panic to Peace: A Brief Ericksonian Perspective* - **John Lentz, DMin**

SC 5- *Trance in Song for Promoting Change* - **Maria Escalante Cortina, DDS**

SC 6- *Hypnosis, Unconscious Process and Metaphor Development* - **George Gafner, MSW** and **Sonja Benson, PhD**

SC 7- *Hunting for Good Will: Use of Metaphor and Hypnosis in the Treatment of Borderline Personality Disorder* - **Barbara Freedman, PsyD**

SC 8- *Integrating Neurofeedback & Hypnosis in the Treatment of Medical & Psychological Conditions* - **Corydon Hammond, PhD**

SC 9- *Strategic Therapy & Metaphor for the Brief Treatment of Chronic PTSD Via Internet Therapy* - **Donald Miretsky, MEd**

SC 10- *Brief Healing of Relationships Through Labor, Love and Laughter* - **Patricia Davis, MA**

SC 11- *Brief Ericksonian Solutions Applied in Children* - **Carme Timoneda-Gallart, PhD** and **Silvia Mayoral-Rodriguez, PhD**

SC 12- *Conversational Unconscious Communication* - **Richard Gellerman, PhD**

SC 13- *Crossing Cultures: Recognizing & Utilizing Spontaneous Trance States in Cultural Transitions* - **Mary Ann Santoro, PhD**

SC 14- *Therapeutic Sub-Tasks: Looking Two Steps Back* - **Scott Shimabukuro, PhD**

SC 15- *Utilization of Improvisational Theater Elements in a Solution-Focused Body Therapy* - **Claudia Weinspach, Dipl. Psych.**

SC 16- *The Use of Ericksonian Hypnosis in the Treatment of Borderline and Food Addiction Cases* - **Iliana Oren, PhD**

SC 17- *The Creative Unconscious: At Play in the Sandbox of the Mind* - **Julie Ann Hall, MSW, CSW**

SC 18- *Zone In: Ericksonian Sport Hypnosis* - **Joseph Dowling, MS**

SC 19- *Creating a Story for Therapy* - **Michael Grusenmeyer, MD**

SC 20- *The Power of the Voice to Heal and Connect Inner Resources* - **Marisol Segovia, MA**

SC 21- *Look No Farther: The Client as a Source of Solutions* - **Tifrah Warner, PhD**

SC 22- *Screen Names and Passwords: Hypnotic Windows to the Identity of Selves* - **Susan Dowell, MSW**

SC 23- *Very Brief Effective Therapy with Couples* - **Rupert Charles, MS**

SC 24- *Commonalties Between Ericksonian Psychotherapy and Native American Healing* - **Timothy Thomason, EdD**

SC 25- *Ericksonian Brief Solutions for the Treatment of Trauma: The Mind/Body Approach* - **Ronald Alexander, PhD**

SC 26- *Repairing a Relationship From the Past Using Ericksonian Methods* - **Savine Gross Weizman, PhD**

SC 27- *Creating the Eye and the "I" of the Storm: A Hypnotic Experience of Transforming the Frenzy of Infertility* - **Helen Adrienne, MSW**

SC 28- *Focusing on Sleep First: A Succinct Approach to Anxiety* - **Deborah Beckman, MS**

SC 29- *Playing with Hypnosis: Brief Hypnotherapy with Children and Their Families* - **Antonio Bustillo, PhD**

SC 30- *Eliciting and Utilizing Resourceful Trance States in Group Presentations* - **Halim Faisal, MSW** and **Diane Holliman, PhD**

SC 31- *The Relationship and Relevance of Dr. Rossi's Mind-Body Work to Other Therapeutic Approaches* - **Bruce Gregory, PhD**

SC 32- *Just Noticeable Differences: Use of Paradox in Everyday Psychotherapy* - **Chris Gunn, PhD**

SC 33- *Using Ericksonian Hypnotherapy in Social Work Practice with Populations at Risk* - **Diane Carol Holliman, PhD**

SC 34- *Hypnosis and Health-Challenged Populations: Solution-Focused Treatment Plans* - **Joel Marcus, PsyD** and **Marc Oster, PsyD**

SC 35- *Making Ericksonian Solutions Yours* - **Lindasue Marshall, MSW** and **Elizanda de la Sota, PhD**

SC 36- *The Psychology of Fundamentalism and Terrorism: Its Implications for Ericksonian & Brief Psychotherapy* - **Naji Abi-Hashem, PhD**

SC 37- *Brief Interactive Imagery Interventions for Patients with Cancer* - **Martin Rossman, MD**

SC 38- *Treating Family Injustice: Ericksonian Solutions for Families & Children in the Child Protective System* - **David Barnum, PhD** and

Wesley Crenshaw, PhD

SC 39- *Transformation: Emerging From the Box* - **Jayni Bloch, MA**

SC 40- *Brief Solutions in the Treatment of Panic, Anxiety and Limiting Beliefs* - **Audrey Sussman, MSW** and **Tish Schuman, MA**

SC 41- *Embracing Difference-Building Community: An Ericksonian/Relational Approach to Diversity Training* - **Debra Nixon, PhD** and

Sabrina Black, MA

SC 42- *Peaceful Eating: Dissolving Compulsion and Transforming Appetite* - Hillel Zeitlin, MSW

SC 43- *Defining Treatment Outcomes* - Les Blondino, MEd

SC 44- *The Hero Within* - Christine Guilloux, DESS

SC 45- *Brief Ericksonian Solutions with Children* - Stefanie Badenhorst, PhD

SC 46- *Conditions for Erickson's Reverse Set Technique Replication: A 3-Level of Meaning Descriptive Method* - Luis M. Gomez, PhD

Workshop 1

Taking Emotions Seriously: Wittgenstein, Language and Solution-Focused Therapy

Steve de Shazer, MSSW and Yvonne Dolan, MA

This workshop will demonstrate through lecture, video taped case examples and practice exercises how a working knowledge of "the language games" can allow therapists to appropriately, respectfully and effectively address emotions in the context of psychotherapy and conversely, how misuse of language could potentially lead to a variety of negative consequences including client disenfranchisement, disempowerment, reification of problems and iatrogenic symptoms.

Workshop 2

Hypnotic Pathways into Cosmic Consciousness: Stimulating Rapid Therapeutic Change Via Mystical or Spiritual Peak

Experiences - **Ronald Havens, PhD**

This workshop explores the use of hypnosis to create mystical or transcendental states of consciousness. As Maslow noted many years ago, even a brief or faint taste of such experiences seems to change people in dramatically positive ways. One momentary immersion can change a person's psychological and emotional condition forever, perhaps even altering basic hormonal, neurological and biochemical states.

Workshop 3

Traditional Hypnosis Compared to the Ericksonian Approach

Stanislav Kratochvil, PhD

Traditional hypnosis is defined as a state of 1) heightened suggestibility, 2) changed relationship with the hypnotist, and 3) altered state of awareness. Hypnotic susceptibility is supposed to be a personality trait. The traditional approach will be demonstrated and its contribution for understanding hypnosis will be discussed and compared to the Ericksonian one.

Workshop 4

A Tribute to Elizabeth Moore Erickson: Colleague Extraordinaire, Wife, Mother, Companion

Marilyn Baker, MSW

This workshop introduces a facet hitherto incomplete in the Erickson legacy; the role of Elizabeth Moore Erickson, throughout their "everyday married life" of approximately 16,000 days. She shared her husband's worldview on fostering and utilizing common, everyday phenomena to elicit the uniqueness of an individual's resources toward health. Mrs. Erickson's daily contributions to the work of a modern genius and her everyday dedication to stimulating the faculties of imagination in their eight children (essential to the exercise of freedom of thought) are examined.

Workshop 5

Hypnosis and the Law

Alan Scheflin, JD, LLM, MA

More than 1,000 judicial cases have discussed the relationship between hypnosis and the law. In order to protect the rights of patients, and to assist clinicians in providing competent and ethical therapy utilizing hypnosis, an understanding of the legal rules and professional guidelines for conducting clinical and hypnosis sessions will be presented.

Workshop 6

Dream Exploration: Juggling with Jung: Decoding Dreams

Norma Barretta, PhD and Philip Barretta, MA, MFT

This is an experiential "dream shop." Since most people spend between 1/4 and 1/3 of each 24 hours in sleep state, learning to make use of dreams can often facilitate and speed up therapy. This workshop offers a unique approach to using dreams therapeutically and will include small group practice in dream retelling and decoding. Come prepared to explore your dreams.

Workshop 7

Experiential Techniques for Brief Therapy

Lilian Zeig, MA

Change is a result of what patients *experience* not merely what they understand. We will study sculpting, role-playing, utilization strategies and concrete metaphors. Experiential methods can be used in every part of the therapy including assessment, treatment and homework. Lecture and demonstration.

Workshop 8

Passing the Trance

Eric Greenleaf, PhD

Individual trance with dialogue is an Ericksonian tradition. Group trance is typically induced without dialogue, often relying on set scripts.. "Passing the Trance," Greenleaf's therapeutic method, guides a group in developing therapeutic resolution through dialogue and self-originated imagery while remaining in trance. The workshop will include demonstration, discussion and case consultation.

Workshop 9*From Good to Great: A Theory-Fair Approach to Improving Mental Health Services***Lynn Johnson, PhD**

Milton H. Erickson was famous for asserting he invented a new theory for each client. Our work in quality improvement ratifies his vision. In this workshop you will learn new tools for improving your work independent of theory or techniques. During this workshop, you will learn two vital variables to track, high and low intensity means of tracking those variables, and practical organizational features to improve quality of service.

Workshop 10*Transforming Double Binds***Robert Dilts**

A "double bind" is a special type of conflict which creates a "no-win" situation. According to anthropologist Gregory Bateson, such conflicts are at the root of both creativity and psychosis. The difference is whether or not one is able to identify and transcend the bind in an appropriate way. The most emotionally intense double binds occur in the context of significant interpersonal relationships. Such a struggle can also occur between the inner "parts" of a person. These types of unsolvable struggles are often at the root of both mental and physical illness. They can also arise during a person's attempts to heal and thwart progress towards wellness. This workshop will cover ways to identify double binds, the underlying conditions which create them, and some of the ways in which double binds can be resolved or transcended.

Workshop 11*Hypnotic Strategies for Obsessive-Compulsive Disorder***Krzysztof Klajs, Dipl. Psych.**

A number of useful strategies for working with OCD will be presented in this session, including the combination of hypnosis with cognitive-behavioral strategies in reaction prevention and implosive approaches. Klajs will stress systemic ideas for increasing the effectiveness of therapy. Time will be allowed for participants to discuss the emotional reactions typically experienced while working with OCD patients.

Workshop 12*The Neurobiology of Pain Processing, Affect and Hypnosis: Validation of Ericksonian Concepts and Implications for Present Treatment***Jeffrey Feldman, PhD**

This workshop will review the neurobiology of pain processing, affect and hypnosis. Neuro-imaging studies will be reviewed elucidating individual differences in pain sensitivity and identifying distinct areas of the brain differentially activated depending upon the nature of hypnotic suggestions. A hypnotic approach that develops a dissociation between sensory and affective components of pain through the accessing of prior positive emotional experience will be demonstrated.

Workshop 13 (Live Demonstrations)*Guided Metaphor***Ruben Battino, MS**

Guided Metaphor is a systemic approach using the clients life story as a vehicle to restructure their lives. The client is empowered to create a new life story, and this is told back to them using hypnotic language. The client literally transforms the metaphor of his/her life.

*ECEM: Integration of Eye Movements in Hypnosis***Harriet Hollander, PhD**

The use of ECEM (eye closure, eye movement) will be demonstrated in this session. ECEM targets negative imagery associated with anxiety and involves the use of the eye movement component of EMDR within a hypnotic context.

*Induction Techniques***Stephen Lankton, MSW**

This lecture, demonstration and practice workshop will go step-by-step through the phases of trance induction. The differences between well-known methods will be explained.

***The Fundamental Hypnosis Track is composed of five sessions with 13 total hours of instruction. Each session builds on the preceding session, a attendees are expected to attend all five sessions.**

8:30-9:30 AM	9:45-10:45 AM	11:00 AM-12:00 Noon
<p>Clinical Demonstration 1 (Live) <i>Experiential Empathy in Ericksonian Therapy</i> Jeffrey K. Zeig, PhD</p> <p>Clinical Demonstration 2 (Live) <i>Strategic Treatment of Obsessive-Compulsive Disorder</i> R. Reid Wilson, PhD</p> <p>Topical Panel 1 <i>Trauma and Abuse</i> Danie Beaulieu, PhD Cheryl Bell-Gadsby, MA Yvonne Dolan, MA Robert Schwarz, PsyD</p> <p>Topical Panel 2 <i>Brief Therapy</i> George Burns, BA (Hons) Steve de Shazer, MSSW Richard Fisch, MD Wendel Ray, PhD</p> <p>Dialogue 1 <i>Conversational Inductions</i> Harriet Hollander, PhD Alan Schefflin, JD, LLM</p> <p>Dialogue 2 <i>Dreams</i> Norma Barretta, PhD Philip Barretta, MA, MFT</p> <p>Dialogue 3 <i>Self-Development in Ericksonian Therapy</i> Stephen Gilligan, PhD Jane Parsons-Fein, CSW</p> <p>Group Induction 1 John Edgette, PsyD</p>	<p>Clinical Demonstration 3 (Live) <i>The Generative Self in Hypnotic Therapy</i> Stephen Gilligan, PhD</p> <p>Clinical Demonstration 4 (Live) <i>Solution-Focused Therapy Supervision</i> Yvonne Dolan, MA</p> <p>Topical Panel 3 <i>Family and Marital Hypnotherapy</i> Camillo Lorio, MD Jane Parsons-Fein, CSW Michele Ritterman, PhD Gunther Schmidt, MD</p> <p>Topical Panel 4 <i>Training and Supervision</i> Lynn Johnson, PhD Robert McNeilly, MBBS Michael Munion, MA Marc Oster, PsyD</p> <p>Dialogue 4 <i>Humor</i> Betty Alice Erickson, MS Bernhard Trenkle, Dipl. Psych.</p> <p>Triologue 5 <i>Spirituality</i> Richard Landis, PhD Teresa Robles, PhD Robert Schwarz, PsyD</p> <p>Dialogue 6 <i>Solution-Focused Therapy</i> George Burns, MA Steve de Shazer, MSSW</p> <p>Group Induction 2 Norma Barretta, PhD Philip Barretta, MA</p>	<p>Clinical Demonstration 5 (Live) <i>Utilizing Dreams to Facilitate Gene Expression and Brain Plasticity</i> Ernest Rossi, PhD</p> <p>Clinical Demonstration 6 (Live) <i>Integrating Conflicting Beliefs</i> Robert Dilts</p> <p>Topical Panel 5 <i>Depression</i> Richard Landis, PhD Scott Miller, PhD Dominique Megglé, MD Michael Yapko, PhD</p> <p>Topical Panel 6 <i>About Milton H. Erickson, MD</i> Betty Alice Erickson, MS Stephen Lankton, MSW Dan Short, PhD Jeffrey Zeig, PhD</p> <p>Dialogue 7 <i>Use of Surprise</i> Danie Beaulieu, PhD Robert McNeilly, MBBS</p> <p>Dialogue 8 <i>Solution-Focused Brief Therapy</i> Steve de Shazer, MSSW George Burns, MA</p> <p>Dialogue 9 <i>Archives</i> Eric Greenleaf, PhD Douglas Flemons, PhD</p> <p>Group Induction 3 Bernhard Trenkle, Dipl. Psych.</p>
<p>12:00 Noon-1:30 PM</p>		
<p>LUNCH</p>		

1:30-5:00 PM

INTERACTIVE EVENTS

FRIDAY PM

1:30-2:30 PM	2:45-3:45 PM	4:00-5:00 PM
<p>Clinical Demonstration 7 (Live) <i>Impact Therapy</i> Danie Beaulieu, PhD</p> <p>Clinical Demonstration 8 (Live) <i>Hypnosis in Brief Therapy</i> Stephen Lankton, MSW</p> <p>Topical Panel 7 <i>Mind/Body/Medical Hypnosis</i> Carol Kershaw, EdD Sidney Rosen, MD Ernest Rossi, PhD Bernhard Trenkle, Dipl. Psych.</p> <p>Topical Panel 8 <i>Hypnotic Language</i> Douglas Flemons, PhD Brian Grodner, PhD Annellen Simpkins, PhD Alexander Simpkins, PhD</p> <p>Dialogue 10 <i>Cultural Issues</i> Robert Dilts Joyce Mills, PhD</p> <p>Dialogue 11 <i>Outcome-Focused Practice</i> Lynn Johnson, PhD Scott Miller, PhD</p> <p>Dialogue 12 <i>Affect Disorders</i> R. Reid Wilson, PhD Michael Yapko, PhD</p> <p>Group Induction 4 George Burns, MA</p>	<p>Clinical Demonstration 9 (Live) <i>Mobilizing Resources in Hypnosis</i> Michael Yapko, PhD</p> <p>Clinical Demonstration 10 (Live) <i>Thinking On Your Feet</i> Betty Alice Erickson, MS</p> <p>Topical Panel 9 <i>Identity</i> Steve Andreas, MA Robert Dilts Stephen Gilligan, PhD</p> <p>Topical Panel 10 <i>Metaphors & Anecdotes</i> Norma Barretta, PhD Ruben Battino, MS Stephen Lankton, MSW Joyce Mills, PhD</p> <p>Dialogue 13 <i>Ethics</i> Marc Oster, PsyD Jeffrey Zeig, PhD</p> <p>Dialogue 14 <i>Focus for Therapy</i> Richard Fisch, MD Giorgio Nardone, MD</p> <p>Dialogue 15 <i>Personality Disorders</i> Michael Munion, MA Wendel Ray, PhD</p> <p>Group Induction 5 Eric Greenleaf, PhD</p>	<p>Clinical Demonstration 11 (Live) <i>Hypnosis as an Adjunct to Cancer Treatment</i> Sidney Rosen, MD</p> <p>Clinical Demonstration 12 (Live) <i>Resolving Shame</i> Steve Andreas, MA</p> <p>Topical Panel 11 <i>OCD/Anxiety</i> Giorgio Nardone, MD Maggie Phillips, PhD Teresa Robles, PhD R. Reid Wilson, PhD</p> <p>Topical Panel 12 <i>Utilization</i> John Edgette, PsyD B A Erickson, MS Stephen Gilligan, PhD Jeffrey Zeig, PhD</p> <p>Dialogue 16 <i>Healing Rituals</i> Ruben Battino, MA Carl Hammerschlag, MD</p> <p>Dialogue 17 <i>Self-Help</i> Annellen Simpkins, PhD Alexander Simpkins, PhD</p> <p>Dialogue 18 <i>Sex</i> John Edgette, PsyD Stephen Lankton, MSW</p> <p>Group Induction 6 Richard Landis, PhD</p>

5:15-6:15 PM

KEYNOTE ADDRESS 2

Gene Expression and Brain Plasticity in Therapeutic Hypnosis and Psychotherapy
Ernest Rossi, PhD

6:30-7:30 PM

RECEPTION AND BOOK SIGNING

Come and enjoy meeting faculty and colleagues!

8:30-11:30 AM

FUNDAMENTAL HYPNOSIS TRACK: Session 2

SATURDAY AM

*Fundamental and Easy to Learn Idiodynamic Approaches to Therapeutic Hypnosis***Ernest Rossi, PhD**

This session will present group and individual demonstrations of basic ideodynamic approaches to therapeutic hypnosis utilizing Rossi's innovative activity-dependent creative work with hand signaling.

8:30-11:30 AM

WORKSHOPS 14-25 DEMONSTRATION WORKSHOP 26**Workshop 14***Individual Timelines: Key to many Skills and Limitations***Steve Andreas, MA**

Past experiences and future plans are organized in a sequence that marks out a "timeline" in our personal space. The shape and other characteristics of a timeline are a basis for both great skills and troublesome limitations. Learn how to elicit and change a timeline in relation to specific outcomes.

Workshop 15*The Uses of Metaphor in Hypnotic Work***Rubin Battino, MS**

The use of metaphor is a hallmark of Ericksonian work. The varieties of metaphoric work will be presented and discussed briefly. The structures of basic and advanced metaphors will be presented. There will be a group exercise and demonstration of guided metaphor.

Workshop 16*Embodied Metaphors***Cheryl Bell-Gadsby, MA, RCC, MFCC and Kathleen Donaghy, PhD**

Metaphor, energetic bodywork, imagery and hypnotic techniques share a powerful complementary relationship. Our state of mind can dramatically influence our health and creative potential. This workshop will introduce participants to the human energy field and specific energy-based healing techniques which when combined with metaphor and imagery, can help replenish the mind and the body as well as manage a wide variety of symptoms including chronic pain, anxiety, depression and PTSD.

Workshop 17*Healing with Stories: Metaphors for Adults, Teens and Children***George Burns, MA**

From a masterful storyteller, learn how to assess a client for metaphor therapy, how to tell stories that engage the client, how to make the stories metaphoric, and where to find sources for such tales. You will be guided through the step-by-step processes with illustrative case examples and simple, pragmatic exercises.

Workshop 18*An Ericksonian Tool Box***W. Michael Munion, MA**

In addition to clinical hypnosis, Erickson's work also is characterized by a number of other innovative techniques, which should be in every competent clinician's "toolbox." This introductory level workshop discusses techniques such as anecdotes, implication, paradoxical intervention, task assignments and metaphor. The participant will have the opportunity to learn about these techniques, then practice the skills in small group exercises.

Workshop 19*Successfully Treating Treatment Failures: Assessment and Hypnotherapy for Complex Cases***Marc Oster, PsyD**

This workshop will present cases determined to be diagnostic and treatment failures. The program will demonstrate the benefit of creativity in assessment, utilization of the patient's symptoms, personality, and life experiences in diagnosis and treatment. The cases include misdiagnosed PTSD, an inability to swallow pills, a sleep disorder treated as tic, and adjustment disorders.

Workshop 20*Inspired Healing and Skillful Assessment***Dan Short, PhD**

Inspired healing rests on a foundation of skillful assessment. Tailoring the treatment to meet the needs of the client is the cornerstone of Ericksonian therapy. Equally important is the readiness of the therapist to be flexible and change the direction of therapy whenever indicated. Skillful assessment provides the knowledge that makes this type of therapy possible. When a clinician knows how to uncover information vital to understanding a client, then opportunities for healing are better recognized.

Workshop 21*Systemic Competence: Working with the Disadvantages of Change***Wendel Ray, PhD**

Promoting constructive change is central to brief family therapy. Most therapy models claim 70%+ success rates, meaning 25-30% do not improve irrespective of orientation. An original recording of a family consultation by Don Jackson with a hospitalized schizophrenic will demonstrate his technique for discussing the disadvantages of change to promote change with intransigent problems.

Workshop 22

Ericksonian Cut-to-the-Chase Couples Therapy: What's Love Got to Do with It?

Michele Ritterman, PhD

In this workshop, attendees will learn how to recognize couple symptoms as shared or separate-track trances and it will be demonstrated that symptom inductions in couples are something we can observe. Dr. Ritterman will teach, through entrancing role plays, methods to counter destructive couples suggestions with beneficial hypnotherapeutic counter-inductions. She will focus on the use of synchronicity and reciprocity in couples development. Attendees will gain an understanding of trance and hypnotic happenings in couples and receive supervisory input for innovative ways to help couples heal each other and love again.

8:30-11:30 AM

Workshop 23

Mission Impossible

Cloe Madanes

Cloe Madanes will present new conceptual models for understanding the most difficult problems presented to therapy and step-by-step procedures for resolving them. The workshop will include the presentation of videotapes of real therapy sessions with individuals, couples and families. There will be opportunity for discussion.

Workshop 24

Treating Phobias in Teaching Self-Treatment Techniques

Bernhard Trenkle, Dipl. Psych.

This workshop will illustrate a self-treatment approach for treating phobias in which the client is taught a self-hypnotic technique and an approach to reconnect with problem-solving resources to practice at home. In the Ericksonian tradition, this workshop will address the need to tailor the standard approach to the individual client. Additional topics to be discussed are; how to create a maximum of hope and expectancy and how to stabilize treatment results.

Workshop 25

Devising an Unlimited Number of Hypnotic Inductions and Integrating Them into Therapy

Sidney Rosen, MD

"Hypnotic induction is not really important." Erickson agreed with this statement when I last saw him in 1979. Yet, it is important to help your client to be most receptive to therapeutic approaches such as reframing and corrective regression. We will explore, demonstrate and practice principles underlying "trance induction." Attendees will devise their own inductions and will integrate these inductions with therapeutic interventions.

Workshop 26 (Live Demonstrations)

The Magical Mind: Using Energy Hypnosis™ for Healing

Carol Kershaw, EdD

To achieve optimal health and functioning, we need our minds to be in a relaxed and focused state. This demonstration uses imagery, color, sound, light, metaphor and transfer of energy to achieve change in states of consciousness for mental and physical fitness.

Energy Psychology Therapy Integrated with Hypnotic Language Patterns

Brian Grodner, PhD

Energy psychology reorganizes and balances the relationship between our thoughts/feelings and our body/energy system. This "psychological acupuncture" removes blocks and unwanted emotions and responses thereby creating the space, attitudes, emotions and physiology for positive, ecological change. Hypnotic language lubricates and enhances energy psychology effectiveness.

Generating Associations

Brent Geary, PhD

Hypnosis is an especially valuable context for stimulating associations that can help patients to consider alternative perspectives, broaden ways in which problems are considered, and create potential avenues to pursue for therapeutic change. This demonstration will illustrate the process by which associations are elicited in a hypnotic

11:30 AM-1:00 PM

LUNCH

1:00-2:00 PM

KEYNOTE ADDRESS 3

SATURDAY PM

*Identity, Trance and Hypnosis:
The Use of Extraordinary Experiences for Generative Change*
Stephen Gilligan, PhD

2:15-5:15 PM

FUNDAMENTAL HYPNOSIS TRACK: Session 3

Workshop 27*Helping Patients Create Metaphors from Within: A Systematic Ericksonian Approach***Jorge Abia, MD, Rafael Nunez, MA, Jesus Almada, MA**

Hypnotic conversation was a main contribution of Milton H. Erickson, M.D. Metaphor is a unique resource that allows patients to totalize visions of their problems and orient themselves to solutions. A theoretical review and fifteen question technique to elicit metaphors and utilize them in therapy, will be presented.

Workshop 28*Enhancing Cognitive-Behavioral Therapy for Depression with Hypnosis***Michael Yapko, PhD**

Cognitive-Behavioral therapies enjoy considerable empirical support as effective treatments for depression. Actively teaching cognitive and behavioral skills is essential to these therapies. Hypnosis has been shown to enhance client skill acquisition and to manage common depressive symptoms. In this workshop, we will explore ways hypnosis can assist in treating depression.

Workshop 29*Loving in the Here and Now: Five Hypnotic Tools to Transform Couples Relationships***Jane Parsons-Fein, CSW, BCD, DAHB**

People slip in and out of trance every day. Couples evoke each other into positive trances (falling in love) and negative trances (reenacting family-of-origin, unresolved issues and identifications). In this workshop we will work with five hypnotic tools to help couples transform their relationship.

Workshop 30*Winning the Game of Life: Hypnotic, Strategic and Solution-Focused Lessons from the Locker Room***John Edgette, PsyD**

This workshop reveals the psychological secrets of success of elite athletes and performing artists and makes them available to therapists working with clients who wish to bust slumps or achieve excellence in any aspect of their lives - work, play or romance. Learn the psychological tactics of Lance Armstrong, Willie Mays, John McEnroe, Ali, EMINEM and Dumbo, and then learn how to put them to work for your client using hypnotic, solution-focused, strategic protocols.

Workshop 31*Treating Depression in Individual and Family Therapy***Camillo Lorio, MD**

Depression can be described in terms of interactive processes, both in the couple and in the family. In this perspective, the role played by the non-depressed family members in the development of depression becomes very relevant. Some useful principles for working with depressive individuals and families will be presented together with specific techniques and specific pitfalls that can be expected in the course of the therapeutic process.

Workshop 32*Brief Therapy of Depression***Dominique Megglé, MD**

Viktor Frankl's approach to the treatment of depression seems very close to Erickson's. Millions of persons today ask the question, "what is worth living?" According to the epidemic intensity of depression in our time, integrating hypnotic communication and the utilization of ethical and existential values is necessary for a more effective treatment.

Workshop 33*How to Hug a Porcupine: Approaches that Work for Treating Difficult and Challenging Children and Adolescents***Joyce Mills, PhD**

Founded upon the principles of Ericksonian Play Therapy and indigenous teachings, this workshop will provide therapists with creative tools for working with difficult or traumatized clients through StoryPlay®, a multi-cultural, heart-centered, indirective model of therapy that bypasses the quills of pathology and draws upon the natural inner resources, skills and strengths of each child, adolescent, adult or family member to generate healing, growth and

Workshop 34*The Problem of Pain***Maggie Phillips, PhD**

This workshop addresses the treatment of acute and chronic pain related to psychological and/or somatic trauma. Special emphasis is placed on clients who present with complex symptoms such as fibromyalgia, chronic fatigue, and migraines that have proven refractory to previous treatment. Synthesis of Ericksonian strategies with EMDR, imagery and meridian therapies with Energy Psychology to help maximize self-regulation is explored and demonstrated.

Workshop 35*Hypno-Systemic, Competence-Activating Approaches to Addictions***Gunther Schmidt, MD**

Addiction problems usually are treated and understood as signs of personal deficits, ego-weakness and other incompetencies. In this workshop, it will be demonstrated how, from a hypno-systemic view, addictions can be understood as the result of dissociated trance states which are unconscious attempts of solution, most often in loyalty-double binds. The addiction ritual has the function of a search which expresses an unconscious knowledge about the dissociated longing for an experience of meaning and fulfillment in relationships and life. This workshop will show many hypno-systemic strategies which translate the knowledge hidden in the addiction and utilize it for healthier solutions for both personal individuation and enriching relationships.

Workshop 36*Assessing and Utilizing: Motivational Dynamics in Psychotherapy***Brent Geary, PhD**

Means of motivating patients are crucial in effective psychotherapy. This workshop will explore methods for discerning motivational variables that can enhance the delivery of both hypnotic and non-hypnotic therapies.

Workshop 37*Linking "Likes" and Solutions in Hypnosis***Robert McNeilly, MBBS**

Erickson reminded us that people are more resourceful than they know, but how can we respectfully connect clients with their natural resourcefulness and assist them towards their solutions? By exploring what someone likes, we can tap into a richly textured collection of experiences that can then provide a coherent and effective direction to the therapy process.

Workshop 38 (Live Demonstrations)*Interaction-Focused Couple Therapy***Wendel Ray, PhD**

Couples constantly exchange messages. tone of voice, inflection and non-verbal behavior often imply meaning contradictory to overt messages. Making covert implications explicit is a technique that, when done with sensitivity, promotes healing. A method of using this fundamental of communication theory to promote change in couples therapy will be demonstrated.

*Establishing a Focus for the Therapy in the Initial Session***Richard Fisch, MD**

This demonstration will illustrate methods and give guidelines for formulating a focus in therapy developed at the Brief Therapy Center of the Mental Research Institute. Discussion with participants will be encouraged.

*Strategic Dialogue in the First Session***Giorgio Nardone, PhD**

In the Advanced Model, the first session has a fundamental importance because it embraces the first stage of therapy (definition of the problem, perceptive-reactive system and objectives) and the second stage of therapy (reframing and unblocking of the problem). This is carried out by strategic dialogue which will be presented in this demonstration.

SUNDAY, DECEMBER 5, 2004

*Accessing and Contextualizing Resources in Hypnosis***Michael Yapko, PhD**

Milton Erickson's approach typically featured finding hidden personal resources and extending them into situations where they would help the client. We will first see a portion of this basic, but valuable, strategy in a video of Dr. Erickson; then have the opportunity to practice this strategy in a structured practice session.

Workshop 39*The Use of Language in Psychotherapy***Richard Fisch, MD**

Therapy is, inherently, a means of influencing a client, mostly verbally. This workshop will illustrate guidelines for making language more precise and effective in order to enhance the therapist's and client's goal of the therapy. Guidelines will be explained didactically, in a composite videotape of a clinical case and in dialogue with participants.

Workshop 40*Hypnotherapy as a Jazz Duet: Principles of Improvisation***Douglas Flemons, PhD**

Like jazz musicians improvising a duet, you and your hypnosis clients sizzle best when you're in sync and when your improvised communications inspire fresh exploration and discovery of meaningful change. Learn and practice three essential principles for structuring effective hypnotherapeutic improvisations. 1) Always Connect! 2) Think Pattern! 3) Experiment, Listen, Respond!

Workshop 41*Using Ericksonian and other Approaches to Enhance the Psychology of Permanent Habit and Addiction Control***Brian Grodner, PhD**

Explore Ericksonian and other strategies within a framework of positive internalized habit and addiction control. Many metaphors, inductions, images, suggestions, reframings, tasks and understandings will be shared and experienced through every step of the therapeutic process in weight control, smoking cessation, and treating other unwanted habit and addictive problems.

Workshop 42*ECEM: Eye Closure, Eye Movements: Use of Eye Movements in Hypnosis to Treat Trauma***Harriet Hollander, PhD**

ECEM is an approach to the treatment of trauma that integrates the eye movement component of EMDR within hypnosis. ECEM utilizes the effect of eye movements on imagery in the context of hypnotic safety, unconscious processing, self-suggestion, and future pacing. This workshop includes research review, demonstration and practicum.

Workshop 43

Practical Ideas for the Management of Conflicts

Teresa Robles, PhD

After analyzing the limited beliefs underlying the mechanisms for the arousal of conflicts, participants will observe and practice three exercises for deleting these beliefs and for developing inner resources for collaborating, and learn how to manage conflicts in an adequate way.

Workshop 44*How to Improve the Effectiveness of Your Clinical Work by 65% Without Hardly Trying***Scott Miller, PhD**

This workshop presents a simple, valid and reliable alternative for maximizing the effectiveness and efficiency of treatment based on using ongoing client feedback to inform treatment decisions. Research on the approach conducted at multiple sites across a wide range of clients and presenting complaints indicates that clinicians can improve the outcomes of those cases most at risk of failure by as much as 65% without having to change their preferred treatment approach or learn any new treatment techniques.

Workshop 45*Ericksonian Approaches to Treating Trauma and Abuse***Robert Schwarz, PsyD**

This workshop integrates the lessons of Ericksonian and Solution Oriented approaches with the newer models of trauma that focus on the dysregulation of affect as central features of both PTSD and dissociative disorders. Attendees will learn specific skills that allow clinicians to work with abuse and trauma survivors that rapidly facilitate the containment and transmutation of negative affect, increased coping skills, and alleviation of flashbacks.

Workshop 46*Enchanted Inductions: Using Word Play and Confusion Techniques***Rita Sherr, MS**

This workshop will provide attendees with an opportunity to enliven their work and develop greater expertise and understanding of Ericksonian hypnotherapy through the use of word play and confusion techniques. Didactic presentations, demonstrations and experiential exercises will help students explore the use of these powerful Ericksonian methods.

Workshop 47*Don't Panic: Strategic Treatment of the Anxiety Disorders***R. Reid Wilson, PhD**

Anxious clients adhere rigidly to erroneous beliefs and coping strategies to ward off fear that keeps them from following through on therapy interventions. The strategic approach to cognitive-behavioral therapy helps clients find the courage and motivation to challenge these old beliefs and attitudes. Practical methods enable clients to disregard the content of their obsessive worries and to explore the feeling of uncertainty rather than fleeing from it. The cutting-edge anxiety treatment is now pushing further into the confrontational. Participants will learn how to help clients purposely seek out anxiety as their ticket to freedom from crippling fear.

Workshop 48

Keep It Simple: You Really Don't have to Understand

Richard Landis, PhD and Gary Ruelas, DO, PhD

This workshop will explore the manner by which hypnosis restores the natural balance of the mind and body. Participants will learn how hypnotic patterns can create or utilize pathways that resonate throughout the body and mind with synchrony at the cellular level. This will result in expanding the utilization of hypnosis to encompass the integration of systemic health.

Workshop 49

Single-Session Psychotherapy: Enhancing One-Meeting Potentials

Michael Hoyt, PhD

Many therapies involve brief lengths of treatment. A structure will be presented for organizing the tasks and skills involved in different phases (pre, early, middle, late, follow-through) of therapy. Numerous case examples, including video, will illustrate brief therapy techniques applicable in both initial sessions and in the course of longer treatments.

Workshop 50

Weaving New Identity Complexes from Competing Ego-States

Stephen Gilligan, PhD

One of the great values of the "special learning state" developed in hypnotherapy is that it can hold multiple, contradictory values and states without conflict. This workshop will explore how this capacity is critical to effective psychological functioning and therapeutic change, and will detail a model for the therapist for transforming problems into solutions and resources.

Workshop 51 (Live Demonstrations)

Using Hypnosis with Families

Camillo Lorio, MD

Specific direct and indirect techniques are required to activate family resources and to induce a deep and meaningful change of the most rigid family patterns. A family hypnotic session reveals the powerful and subtle resistances a family may develop in the course of the hypnotic treatment as well as of the many different solutions a therapist may adopt to overcome these resistances. Special focus will be on how to properly combine direct and indirect in the different phases of the therapeutic process.

Conversational Approaches to PTSD

Maggie Phillips, PhD

This demonstration will focus on the uses of indirect hypnosis with symptoms and difficulties related to post-traumatic stress disorder. Benefits of indirect vs. direct techniques will be discussed and presented, including their relative value for symptom management, self-regulation and self-soothing and the expansion of integrative functioning.

The Transformation of Psychosomatic Symptoms in Helping "Body Guards" for Optimal Individuation in Relationships

Gunther Schmidt, MD

It will be shown how we can understand and utilize psychosomatic symptoms as wise information from our intuitive unconscious about important needs which represent awareness about complex goal conflicts and about fulfilling

11:30 AM-1:00 PM

LUNCH

1:00-2:00 PM

KEYNOTE ADDRESS 4

SUNDAY PM

Using Hypnosis as a Lens:

A States Model of Hypnosis, Problems, Solutions and Being a Therapist

Jeffrey Zeig, PhD

2:15-4:15 PM

FUNDAMENTAL HYPNOSIS TRACK: Session 5

The Use of the Therapist's Self in Hypnotherapy

Stephen Gilligan, PhD

The "creative unconscious" in hypnotherapy can be seen as residing in neither the client nor in the therapist, but in the relationship between them. This workshop will explore how the therapist can use their own experiential self to develop this special relationship, and use it as part of diagnosis, trance induction, creative problem solving and ongoing feedback.

2:15-4:15 PM

WORKSHOPS 52-63 DEMONSTRATION WORKSHOP 64

Workshop 52

EMI: a New, Powerful Technique to Overcome Recurrent and Negative Memories

Danie Beaulieu, PhD

Eye Movement Integration (EMI) was created by Connirae and Steve Andreas in 1989. It is a powerful and yet very simple tool to effectively help clients who suffer recurrent and negative memories such as PTSD or any other traumatizing experience. This workshop will present the basic principles of that technique, as well as a brief discussion on the possible mechanisms involved.

Workshop 53*Meditation: From Ancient Traditions to Modern Practice***C. Alexander Simpkins, PhD** and **Annellen Simpkins, PhD**

Meditation is a useful tool for therapy and for life. This experiential workshop describes meditation's roots in the ancient traditions of Yoga, Buddhism, Zen and Taoism. It will develop the mental tools used when meditating with exercises. Participants will be shown how to meditate and apply the result to stress, habits, emotions and learning.

Workshop 54*From Anxiety to Depression: Step by Step with Hypnotherapy***Sophia Bauer, MD**

In working with the problems of panic disorder, phobias and depression, this workshop will show how new hypnotic techniques using paradoxical behavior can effect solutions.

Workshop 55*Experiential Demonstration of the Effectiveness of Metaphors***Teresa Garcia, MA**

A two-minute metaphor can produce immediate physical changes, demonstrating the mind/body connection. Metaphors can be used before an induction to produce surprise and positive expectation in clients and prepare them to accept the implicit message, while dispelling mistrust and internal rationalizing dialogue.

Workshop 56*Collective Interventions: Using Ericksonian Therapy with Other Therapeutic Approaches***Sharon McLaughlin, MA, LMFT**

There are as many different "types" of Ericksonian therapists as there are therapies. Ericksonian skills, beliefs and heuristics create a common language found all over the world. This workshop will use interactive group exercises to practice the use of creativity and utilization in designing interventions to fit different theoretical orientations.

Workshop 57*Strategic Management of Difficult Post-Traumatic Conditions***John Beahrs, MD**

Treating post-traumatic disordered patients requires multi-level communication; overt contracting and informed consent, plus covert suggestion implying greater competency than patients experience. Key issues are role differentiation, establishing safety parameters, neutralizing regressive invitations, working with significant others, and challenging patients to master their trauma through redefining their personal identity.

Workshop 58*Eating Disorders: Advanced Brief Strategic Treatment***Giorgio Nardone, PhD**

Eating disorders are rapidly evolving towards a kind of "refined specialization." Young women with bulimic or anorexic tendencies have discovered different ways that enable them to control their weight without giving up the pleasure of eating, thus nowadays we encounter new forms of eating disorders. All these have different persisting patterns and attempted solutions. Thus, each require a different treatment protocol.

Workshop 59*Serial Trance Work with Difficult Cases***Betty Alice Erickson, MS, LPC, LMFT** and **Eric Greenleaf, PhD**

Betty Alice and Eric will demonstrate therapy with a volunteer with a difficult problem. They and the participant will continue with a series of trances. Dissociative, unconscious-mind, confusion and other communicative trances may be employed in a series of inductions by the two therapists to bring resolution. There will be time for discussion and questions.

Workshop 60*The Resourceful Self in Hypnotic Ego State Therapy: A Neo-Ericksonian Approach***Woltemade Hartman, PhD**

Effective uses of the Ericksonian principles of utilization and strategic cooperation to potentiate the therapeutic value of working with resourceful and disconnected parts of a person's self-identity, will be explored in this workshop. The focus will be on the unique interplay between the strengths and difficulties of ego states and ways of optimizing their intra-relational patterns.

Workshop 61*The Ripple Effect: Six Small Steps to Leading an Addiction-Free Life***Albina Tamalonis, PsyD**

This course offers a practical step-by-step approach to overcoming addictions and other vicious cycles. A multidimensional learning approach utilizing Ericksonian strategies and hypnosis helps one's patients make small changes in each of the areas of their lives: mental, emotional, physical, spiritual, behavioral and social. These six changes ripple out in a positive, interactive fashion to create a new way of life. Sample hypnotic protocols are distributed and explained.

Workshop 62

Novel Approaches to Activity-Dependent Creative Work in Therapeutic Hypnosis

Ernest Rossi, PhD

Group and individual demonstrations will illustrate the use of novel ideodynamic hand approaches to therapeutic hypnosis as presented in chapter 10 of Rossi's "The Psychobiology of Gene Expression: Neuroscience and Neurogenesis in Hypnosis and the Healing Arts."

Workshop 63

Using Hypnosis in the Process of Ericksonian Therapy

Jeffrey Zeig, PhD

This advanced workshop will center on three stages of therapy in an Ericksonian model, the setup, the intervention and the follow-through. We will learn how hypnosis can be used in assessment and in each stage of therapy. There will be lecture and demonstration.

Workshop 64 (Live Demonstrations)

Exploration of Hypnotic Phenomena

Stanislav Kratochvil, PhD

Testing individual hypnotic susceptibility and suggestions of some phenomena of deep hypnosis will be demonstrated in the frame of reference of traditional hypnosis to be compared with the experience of Ericksonian hypnotists and subjects. The technique offered will be more directive and explicit than the Ericksonian tailored approaches and metaphors.

Hypnosis for the Client Who Is Unable to Go Into Trance

Dan Short, PhD

In years past, the term "resistant" has been applied to any client who did not provide a satisfactory response to hypnotic induction. This label only adds further weight to the burden of pathology which has caused the client to seek help. A more productive strategy is to develop an understanding of the ambivalence that prevents the client from accessing the help they are seeking.

4:30-4:45 PM

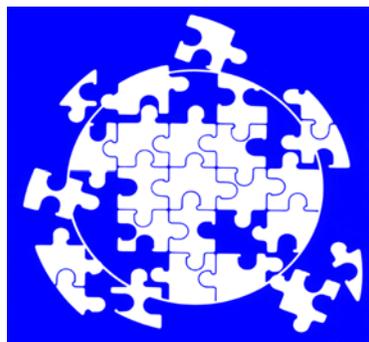
CLOSING REMARKS

4:45-6:00 PM

CONTINUING EDUCATION VALIDATION

The World's Landmark Conference on Psychotherapy . . .

The Fifth EVOLUTION OF PSYCHOTHERAPY



A CONFERENCE

**. . . is coming December 7-11, 2005
to Anaheim, California**

**For more details, watch our website
<http://www.erickson-foundation.org/whatnew.htm>**

Registration Information

- ◆ Final Registration deadline is **November 15, 2004**.
If space is available, on-site registration will be held. However, space is limited.
- ◆ Group rates (5+) are available. (See below*)
- ◆ **Full payment MUST accompany registration. Do not fax your registration if paying by check.**
- ◆ All checks should be in U.S. currency and drawn on a U.S. bank and made payable to **American Continuing Education, Inc. or ACEI**
- ◆ The charge on your credit card statement for the Congress will be listed as "CE Education Class."
- ◆ **NEW! Register ONLINE! www.erickson-foundation.org/intlcong.htm**
- ◆ Pre-registration confirmation will be sent prior to the Congress.
- ◆ Registration materials and badges for those who are pre-registered, will be distributed during sign-in

REGISTRATION FEES	
U.S. Professionals	Graduate Students*/Interns*/Seniors* Foreign Professionals/Foreign Students
\$359 fee valid until September 15, 2004	\$259 fee valid until September 15, 2004
\$459 fee valid until November 15, 2004	\$359 fee valid until November 15, 2004
\$600 - onsite fee	\$600 - onsite fee
Day Tickets - \$150 per day	
* <u>Graduate students/interns</u> must provide a certifying letter from their school/department indicating proof of student/intern status as of December 2004.	
* <u>Seniors</u> must provide proof of age (65 and older)	

Cancellation Policy

Requests for refunds **MUST BE IN WRITING** and are subject to a \$35 administrative fee. Full refunds, less the service charge, will be made if the request is postmarked by November 3, 2004. Requests postmarked from November 4 to November 30 will receive a 50% refund of their paid fees.

No refunds after November 30, 2004

No exceptions to this policy will be made. Please allow 4-6 weeks for processing.

***GROUP RATES for this exciting meeting are available . . .**

All registrations **MUST BE SENT IN THE SAME ENVELOPE**
One form per person. Payment must be included.

5 attendees - 10% off each registration 6 - 10 attendees - 15% off each registration 11+ attendees - 20% off each registration

Important Note

No additions can be made to receive a lower rate once your Group Rate Application packet has been sent to us. Group Registrations **MUST** be sent by mail. Group Registration can not be done online or by fax.

REGISTRATION FORM

25th Anniversary of the Milton H. Erickson Foundation
 The 9th International Congress on Ericksonian Approaches to Hypnosis & Psychotherapy
 December 2-5, 2004 • Phoenix, Arizona

**Take advantage of the Professional Development Day offer, Wednesday, December 1
 FREE with your full Congress registration**

REGISTRATION FEES	
U.S. Professionals	Graduate Students*/Interns*/Seniors* Foreign Professionals/Foreign Students
\$359 fee valid until September 15, 2004	\$259 fee valid until September 15, 2004
\$459 fee valid until November 15, 2004	\$359 fee valid until November 15, 2004
\$600 onsite fee	\$600 onsite fee
Day Tickets \$150 each day " Wednesday " Thursday " Friday " Saturday " Sunday	
" I will attend Professional Resources Day (Wed.) " I will be attending the Fundamental Hypnosis Track (5 sessions)	
* <u>Graduate students/interns</u> must provide a certifying letter from their school/department indicating proof of student/intern status as of December 2004. * <u>Seniors</u> must provide proof of age (65 and older)	

" Personal/Company Check # _____

" VISA " MasterCard " Discover "

Charge Account # Exp _____

Name (as it appears on card) _____

Signature of Cardholder _____

" Purchase Order # _____ (Attach copy of purchase order)

Name _____
 (As you want it on name badge- please print)

Address _____

City _____ State _____ U.S. Zip _____

Country _____ Postal Code _____

Please also complete ALL blanks below

Daytime Phone _____ Fax _____

e-mail _____

University attended _____

Major _____ Highest degree (only one) _____

Professional License #

Physically Challenged? " YES " NO

If YES, what special accommodations do you require? _____

Fill in the code# above your name & address on the mailing label

The 9th International Congress is sponsored by The Milton H. Erickson Foundation, Inc.
PLEASE NOTE REGISTRATION PROCEDURE CHANGES BELOW

Send this completed form with **FULL** payment to: **American Continuing Education, Inc.**
(Make checks* payable to American Continuing Education, Inc. or ACEI)
 PO Box 17980, St. Paul, MN 55117
 Tel: 1-651-487-3001 Fax: 1-651-489-3387 **(credit card payments only)**

email: miltonerickson@cmehelp.com

REGISTER ONLINE! <http://www.erickson-foundation.org/intlcong.htm>

*All non-sufficient funds checks will be charged a \$20.00 service fee payable by issuer

**CELEBRATING 25 YEARS
of Ericksonian Therapy Worldwide**



**EXPERIENCE
the Ericksonian Global View**

The 9th International Congress
on Ericksonian Approaches
to Hypnosis & Psychotherapy

December 2-5, 2004 (Thurs-Sun)
The Hyatt Regency Phoenix
Phoenix, Arizona

NEW - Register Online!

www.erickson-foundation.org/intlcong.htm

The Milton H. Erickson Foundation, Inc.
3606 N. 24th Street
Phoenix, Arizona 85016-6500 USA

Nonprofit
U.S. Postage
PAID
Phoenix, AZ
Permit No. 813

***Discover New Ways to Promote
Yourself and Your Practice!***

Sign up for

**Professional Resources Day
Wednesday, December 1, 2004**

Registration **FREE** with purchase of
a full Congress registration (\$150 value)

up to 34.5 CEU Credits available

PLEASE POST